

20 for 20

Introduction

You are about to embark on a journey of 20 weeks. In this 20 weeks you will be challenged to grow and stretch yourself in many different areas. This journey will not be easy but should prove to be very rewarding and possibly life changing. You will be challenged in the following areas, Prayer, Bible Study, and Body life (fellowship, service / ministry, and outreach).

The process will take on the form of a race with 5- 4 week legs. 2 *Timothy 4:7 (NKJV) “ I have fought the good fight, I have finished the race, I have kept the faith.”*

Each leg will get progressively harder and more demanding, but equally more fulfilling.

During the journey we will meet Sunday after Church at 12:15 pm at the start of each new leg to go over the previous leg and to preview the upcoming leg. You will receive a loose leaf notebook to keep your daily assignments in. The assignments will be handed out at the Sunday morning meeting. Starting Sunday January 5th at 12:15pm.

For the ones who finish the race there will be a certificate and a celebration along with the satisfaction and the Godly relationship that this journey will provide.

20 for 20

20 for 20

Leg 1 - "The Warm up"

Week 1

Prayer

Pray this prayer each day this week.

"Lord, please open my heart for the things of your heart. Give me the focus in this journey for a strengthened and meaningful relationship with you. If there is anything in my life that is hindering me in this journey give me the strength and knowledge to help me remove it. Lord I am yours. Use my life to uplift your Body."

Week 1

(check off as you complete each days assignment)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat

Bible Study

Read 1 verse everyday (Ephesians 3:2-9)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Eph 3:2	Eph 3:3	Eph 3:4	Eph 3:5	Eph 3:6	Eph 3:7	Eph 3:8,9

20 for 20

Week 1

Body Life

Fellowship

Sermon Attend sermon every Sunday

Week 1

Attended Sermon ___

Topic _____

Notes: _____

Bible Study

Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl's house on Thurs. ,Men's or women's group , Youth Group, or Class on Sunday morning.

Week 1

Attended Study ___

Study Attended _____

20 for 20

Ministry / service

___ Give a prayer request or a praise on Sunday morning at least once this leg.

___ Attend a social event this leg

Leg 1 - "The Warm up"

Week 2

Prayer

Pray this prayer each day this week.

"Lord, please open my heart for the things of your heart. Give me the focus in this journey for a strengthened and meaningful relationship with you. If there is anything in my life that is hindering me in this journey give me the strength and knowledge to help me remove it. Lord I am yours. Use my life to uplift your Body."

Ask the Spirit to give you insight into this journey.

What Insights have you received:

20 for 20

(check off as you complete each days assignment)

Sun	Mon	Tues	Weds	Thurs	Fri	Sat

Week 2

Study

Read 1 verse everyday (Romans 8 :37-39 ; Ephesians 1:13,14 ;
2 Corinthians 1:22 ; Ephesians 4:30)

(check off as you complete each days assignment)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Rom 8:37	Rom 8:38	Rom 8:39	Eph 1:13	Eph 1:14	2 Cor 1:22	Eph 4:30

Fellowship

Body Life

Sermon- Attend sermon every Sunday

Week 2

Attended Sermon ____

Topic _____

20 for 20

Notes: _____

Bible Study

Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl's house on Thurs. ,Men's or women's group , Youth Group, or Class on Sunday morning.

Week 2

Attended Study ___

Study Attended _____

Week 2

Ministry / service

___ Give a prayer request or a praise on Sunday morning at least once this leg.

___ Attend a social event this leg

20 for 20

Leg 1 - "The Warm up"

Week 3

Prayer

Pray this prayer each day this week.

"Lord, please open my heart for the things of your heart. Give me the focus in this journey for a strengthened and meaningful relationship with you. If there is anything in my life that is hindering me in this journey give me the strength and knowledge to help me remove it. Lord I am yours. Use my life to uplift your Body."

For these two weeks along with praying the above prayer (add in praying daily for a specific prayer request from Sunday).

Week 3

(check off as you complete each days assignment)

Sun __ Prayer request prayed for _____

Mon __ Prayer request prayed for _____

Tues __ Prayer request prayed for _____

Weds __ Prayer request prayed for _____

Thurs __ Prayer request prayed for _____

Fri __ Prayer request prayed for _____

20 for 20

Sat ___ Prayer request prayed for _____

Week 3

Study

Read 1 verse everyday (Romans 12:1-8)

(check off as you complete each days assignment)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Rom. 12:1	Rom. 12:2	Rom. 12:3	Rom. 12:4	Rom 12:5	Rom 12:6	Rom 12:7,8

These have all been verses containing grace truths list some below
(week 1 and 2 included):

20 for 20

Body Life

Fellowship

Sermon- Attend sermon every Sunday

Week 3

Attended Sermon ____

Topic _____

Notes: _____

Week 3

Bible Study

Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl's house on Thurs. ,Men's or women's group , Youth Group, or Class on Sunday morning.

Week 3

Attended Study ____

Study Attended _____

20 for 20

Ministry / service

___ Give a prayer request or a praise on Sunday morning at least once this leg.

___ Attend a social event this leg

20 for 20

Leg 1 - "The Warm up"

Week 4

Prayer

Pray this prayer each day this week.

"Lord, please open my heart for the things of your heart. Give me the focus in this journey for a strengthened and meaningful relationship with you. If there is anything in my life that is hindering me in this journey give me the strength and knowledge to help me remove it. Lord I am yours. Use my life to uplift your Body."

For these two weeks along with praying the above prayer (add in praying daily for a specific prayer request from Sunday).

Week 3

(check off as you complete each days assignment)

Sun __ Prayer request prayed for _____

Mon __ Prayer request prayed for _____

Tues __ Prayer request prayed for _____

Weds __ Prayer request prayed for _____

20 for 20

Thurs __ Prayer request prayed for _____

Fri __ Prayer request prayed for _____

Sat __ Prayer request prayed for _____

Week 4

Study

Read 1 verse everyday

1

(Thessalonians 4:15-18 ; 1 Corinthians 15:51-53)

(check off as you complete each days assignment)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 Thes. 4:15	1 Thes. 4:16	1 Thes. 4:17	1 Thes. 4:18	1 Cor. 15:51	1 Cor. 15:52	1 Cor. 15:53

These have all been verses containing grace truths list some below
(week 1 - 3 included):

20 for 20

Week4

Body Life

Fellowship

Sermon- Attend sermon every Sunday

Week 4

Attended Sermon ____

Topic _____

Notes: _____

Week 4

20 for 20

Bible Study

Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl's house on Thurs. ,Men's or women's group , Youth Group, or Class on Sunday morning.

Week 4

Attended Study ___

Study Attended _____

Ministry / service

___ Give a prayer request or a praise on Sunday morning at least once this leg.

___ Attend a social event this leg

Leg 1 - "The Warm up"

Conclusion:

**What Stands out for you in this leg of the race?
(share at Sunday meeting Feb. 2nd at 12:15 pm)**

20 for 20
