**20 for 20**

**Leg 3**

**“The Rhythm”**

**20 for 20**

**Leg 3 - “The Rhythm”**

**Week 1**

**Prayer**

**Pray this prayer each day this week.**

**“Lord, thank You for who You are. I rely on You for my strength and courage. Thank You for giving me a Spirit of power and not fear, like Your word says. I sometimes struggle with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I give this to You and trust You for power rather than fear.” 2 Tim. 1:7**

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| Sun  | Mon | Tues | Weds | Thurs | Fri | Sat |
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| What | What | What | What | What | What | What |
|  |  |  |  |  |  |  |

**Pray each day for a prayer Request/Praise from Sunday morning**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sun | Mon | Tues | Weds | Thurs | Fri | Sat |
|  |  |  |  |  |  |  |
| Request/Praise | Request/Praise | Request/Praise | Request/Praise | Request/Praise | Request/Praise | Request/Praise |
|  |  |  |  |  |  |  |

**(check off as you complete each days assignment)**

**Week 1**

 **Bible Study**

**Read the verses listed below for each day 2 Corithians 5**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
| **2Cor 5:1-3** | **2Cor 5:4-6** | **2Cor 5:7-9** | **2Cor5:10-12** | **2Cor5:13-16** | **2Cor5:17-19** | **2Cor5:20-21** |
|  |  |  |  |  |  |  |

 **(check off as you complete each days assignment)**

**Answer the following questions.**

**1. In verse 21 it says that we are ambassadors for Christ. Look up the definition of an ambassador and answer how we can work this out in our lives \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**2. Paul says in verse 5 that we have been given the Spirit as a guarantee. A guarantee for what? Ref. Eph. 1:13-14**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**3. Is verse 8 to you comforting? if so how?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**4. What does verse 17 mean to you? How does it affect your life? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Week 1**

**Body Life**

**Fellowship**

**Sermon-- Attend sermon every Sunday**

**Week 1 Attended Sermon \_\_ Topic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Notes:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Bible Study**

**Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl’s house on Tues., Men’s or women’s group, Youth Group, or Class on Sunday morning.**

**Week 1 Attended Study \_\_ Study Attended \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Ministry / service**

**\_\_\_** **Give a prayer request and a praise on Sunday morning at least once this leg.**

 **Prayer Request\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **Praise \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_ Attend a social event this leg**

 **Event attended \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Week 1**

**Outreach**

 Make a list of people in your life who;

1. Are saved but do not fellowship with a local body.

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1. Do not know Christ as their savior.

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**Leg 3 - “The Rhythm”**

**Week 2**

**Prayer**

**Pray this prayer each day this week.**

 **“Lord, as the world gets further and further from you. I’m comforted in knowing you are always with me and there for me. I know that you are residing in me .Help me become closer and closer to You. If there is anything standing between me and a close personal relationship with You, help me to recognize it and give it over to You .Something I need help with is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_”**

 **(Something that is keeping me from God)**

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| What | What | What | What | What | What | What |
|  |  |  |  |  |  |  |

**Pray each day for a prayer Request/Praise from Sunday morning**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sun | Mon | Tues | Weds | Thurs | Fri | Sat |
|  |  |  |  |  |  |  |
| Request/Praise | Request/Praise | Request/Praise | Request/Praise | Request/Praise | Request/Praise | Request/Praise |
|  |  |  |  |  |  |  |

**(check off as you complete each days assignment)**

**Week 2**

**Bible Study**

**Read the verses listed below for each day Galatians 2**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
| **Gal2 3:1-3** | **Gal 2:4-6** | **Gal 2:7-9** | **Gal 2:10-12** | **Gal 2:13-15** | **Gal 2: 16-18** | **Gal 2:19-21** |
|  |  |  |  |  |  |  |

 **(check off as you complete each days assignment)**

**Answer the following questions.**

**1. In Gal 2: 4, it talks about our liberty in Christ. What liberty do we have in Christ? See 1 Cor. 6:12**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. Gal. 2: 11-14 Paul chastises Peter Why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**3. . Compare Gal 2:18 with James 2:24. They are teaching opposite doctrines. Can you explain this? Can they both be true?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**4. In Gal 2:20 It states that “I have been crucified with Christ: it is no longer I who lives but Christ lives in me”. What does this mean to you practically?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Week 2**

**Body Life**

**Fellowship**

**Sermon- Attend sermon every Sunday**

**Week 3 Attended Sermon \_\_\_ Topic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Notes:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Bible Study**

**Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl’s house on Thurs., Men’s or women’s group , Youth Group, or Class on Sunday morning.**

**Week 3 Attended Study \_\_ Study Attended \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Ministry / service**

**\_\_\_** **Give a prayer Request/Praise or a praise on Sunday morning at least once this leg.**

**\_\_\_ Attend a social event this leg**

**Week 2**

**Outreach**

**Using the lists from week1 Pray and ask the Spirit for the courage and opportunity to ask someone on that list to church with you or for the opportunity to have a spiritual conversation with them.**

**Leg 3 - “The Rhythm”**

**Week 3**

**Prayer**

**Pray this prayer each day this week.**

 **“Lord, I need Your guidance in my life. Help me to let go of self and look to You. Give me the strength to live a life that is pleasing to You, not just me. Help me to let go of my ego and be willing to sacrifice whatever You desire, for the grace You have given me. Help me to love and care the way You do and be willing to empty myself to be filled with Your Spirit. In the precious name of Jesus , Amen.**

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| **Sun**  | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
|  |  |  |  |  |  |  |

**Pray each day for a prayer Request/Praise or thank Him for a praise from Sunday morning**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
|  |  |  |  |  |  |  |
| **Request/Praise**  | **Request/Praise** | **Request/Praise**  | **Request/Praise**  | **Request/Praise**  | **Request/Praise**  | **Request/Praise**  |
|  |  |  |  |  |  |  |

**(check off as you complete each days assignment)**

**Week 3**

**Study**

**Read the verses listed below for each day Ephl 2:1-23**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
| **Eph 2:1-3** | **Eph 2:4-6** | **Epl 2:7-9** | **Eph 2:10-12** | **Eph 2:13-15** | **Eph 2:16-18** | **Eph 2:19-21** |
|  |  |  |  |  |  |  |

 **(Check off as you complete each days assignment)**

**Answer the following questions.**

**1. In verse 2 who is the prince of the power of the air? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. In verse 5 what does it mean to be alive and dead to Christ?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**3. What significance does verse 8 have and how does it differ from the way of salvation in other dispensations? See Acts 2:38 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_4. Verse 19 How does it make you feel that you are citizens of heaven \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Week 3**

**Fellowship**

**Body Life**

**Sermon- Attend sermon every Sunday**

**Week 2 Attended Sermon \_\_\_ Topic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Notes:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Bible Study**

**Attend a Bible study or Group every week i.e.: Weds bible study at church, Bible study at Harl’s house on Thurs. ,Men’s or women’s group , Youth Group, or Class on Sunday morning.**

**Week 2 Attended a Study \_\_ Study Attended \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Ministry / service**

**\_\_\_** **Give a prayer Request/Praise or a praise on Sunday morning at least once this leg.**

**\_\_\_ Attend a social event this leg**

**Week 3**

**Outreach**

**Memorize:**

**2 Corinthians 2:21 “For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him”**

**Leg 3 - “The Rhythm”**

**Week 4**

**Pray this prayer each day this week.**

 **“God, I thank You for my life and what it brings, for the love You have shown me in Your example, being unending, unwavering, undeserved and uncomparable. Help me to emulate the same. Thank You for the trials in my life and the lessons learned and the character they build. Your word says that “All things work together for good for those who love God and are called according to His purpose” Help me to always let You guide and direct my path. In the name of our great Lord and savior Jesus Christ, Amen.**

|  |  |  |  |  |  |  |
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| **Sun**  | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
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**Pray each day for a prayer Request/Praise or thank Him for a praise from Sunday morning**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
|  |  |  |  |  |  |  |
| **Request/Praise**  | **Request/Praise** | **Request/Praise**  | **Request/Praise**  | **Request/Praise**  | **Request/Praise**  | **Request/Praise**  |
|  |  |  |  |  |  |  |

**(check off as you complete each days assignment)**

**Week 4**

**Study**

**Read the verses listed below for each day Col 2:12-39**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** | **Sat** |
| **Col 2:1-3** | **Col 2:4-6** | **Col 2:7-9** | **Col 2:10-12** | **Col 2:13-15** | **Col 2:16-19** | **Col 2:20-23** |
|  |  |  |  |  |  |  |

 **(Check off as you complete each days assignment) Feel free to read more than the daily assignment.**

**Answer the following questions.**

**1. In verse 2 it states that we are ”knit together in love”.What does this mean ?see Eph. 2:21,22; 4:15,16 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. In verse 8 Paul gives us a warning. What does this warning mean? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**3. Verse 9 what does it mean that “In Christ dwells all the fullness of the Godhead bodily?” \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**4. Verse 13 states that He has forgiven you all trespasses. Does this mean all past trespasses or all past, present and future trespasses? Give a scripture that backs up your answer.**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Week4**

**Body Life**

**Fellowship**

**Sermon- Attend sermon every Sunday**

**Week 4 Attended Sermon \_\_\_ Topic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Notes:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Bible Study**

**Attend a Bible study or Group every week ie: Weds bible study at church, Bible study at Harl’s house on Thurs. ,Men’s or women’s group , Youth Group, or Class on Sunday morning.**

**Week 4 Attended Study \_\_ Study Attended \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Ministry / service**

**\_\_\_** **Give a prayer Request/Praise or a praise on Sunday morning at least once this leg.**

**\_\_\_ Attend a social event this leg**

**Week 4**

**Outreach**

**Role play having a spiritual conversation with another believer and use the verses you have memorized so far.**

**Leg 3 - “The Rhythm”**

**Conclusion:**

**What stands out for you in this leg of the race?**

**(Share at Sunday meeting March. 2nd at 12:15 pm)**

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